10TH ANNUAL OCCA CONFERENCE
“SPRING INTO ACTION: APPLICATION OF CORE CORRECTIONAL PRACTICES”
KEYNOTES, ROUNDTABLE, AND WORKSHOPS
SCHEDULE AND DESCRIPTIONS

Thursday, April 7, 2011
10:00 – 10:15 Opening: Phillip Nunes, OCCA President and Linda Janes, Ohio Department of Rehabilitation and Correction, Chief of Staff

10:15-11:45 Keynote: Terence Gorski – Cultural Conflict: Incarceration vs. Free World (COB)*

12:15-1:30 Roundtable Discussion: Community Corrections, the Budget, and Sentencing Reform

Workshops 1:45-3:15 p.m.

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Friday, April 8, 2011

Workshops 8:30-10:00 a.m.

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<td>Bob Francis</td>
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Workshops 10:15-11:45 a.m.

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1:15-2:30 p.m. – Keynote: “Psychology of Addiction” – Delbert Boone (COB)*

*Workshops labeled COB have been designated as meeting the requirements for Changing Offender Behavior credits by DRC.
**Workshops labeled Probation Track are open to all registrants; however, probation and parole officers are especially encouraged to attend.
OPENING KEYNOTE
THURSDAY, APRIL 7, 2011, 10:15 – 11:45 a.m.
Cultural Conflict - Incarceration vs. Free World (COB)*
Terence Gorski, CENAPS Inc.
In this presentation Mr. Gorski will describe the critical differences between the culture of incarceration and the culture of the free world. The focus will be upon identifying and presenting strategies for changing attitudes needed to succeed in a correctional institution that conflict with the attitudes needed to succeed in community-based treatment. Mr. Gorski will highlight the major aspects that create problems during the community reentry period that can lead to relapse. Counseling strategies will be recommended that are unique to prisoners reentering the community and how these issues can be managed.

CLOSING KEYNOTE
FRIDAY, APRIL 8, 2011, 1:15 – 2:30 p.m.
Delbert Boone, NND Inc.
Psychology of Addiction (COB)*
The focus of this keynote is on cognitive behavioral therapy that will explore the treatment curriculum for offenders who are dually affected with criminogenic behavior and substance abuse issues. The focus is on 2 key elements: cognitive structuring and social skill building. The treatment process is behaviorally oriented and skill based in a multi-modular that is recognized in the offenders movement and identified in the offenders stages of change. There are 9 components that are addressed: 1) Drug Use/Abuse Consequences, 2) Understanding self and others, 3) Understanding Criminal Thinking Errors, 4) Decision Making and Communication Skills, 5) Process of Addiction, 6) Process of Recovery, 7) Relationship of Alcoholism to problems, 8) Relapse Prevention, and 9) Maintaining a drug-free and crime-free lifestyle. Mr. Boone’s keynote will be preceded by 2 workshops in which he focuses on working with the resistant client and addiction and criminal behavior.

OCCA POLICY ROUNDTABLE
THURSDAY, APRIL 7, 2011, 12:15 – 1:30 p.m.
Community Corrections and Its Role in Sentencing Reform
Policy makers will address the role that community corrections can play in common sense sentencing reform. The focus will be on the upcoming budget, the recently released Council of State Governments Justice Reinvestment Policy Framework and the newly introduced sentencing reform bills – Senate Bill 10 and its companion House Bill 86. Conference participants will be joined by an additional audience of invited elected officials including members of the Ohio judiciary and county commissioners as key members of the Ohio legislature lay out their plans for sentencing reform.

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Characteristics of an Effective Corrections Professional (COB)* (Probation Track)**
Kelly Pitocco, University of Cincinnati
This session describes the core correctional practices that have been shown to lead to more effective intervention with offenders. These include: role modeling, problem-solving, effective use of authority, rewards to sanction ratio of 4:1, relationship, effective disapproval, effective approval, and brokerage. Participants will identify the reason these approaches are often more effective. Practical examples of how to incorporate these skills in daily interaction with offenders will be illustrated.

The Star Project
Joshua Saunders, STAR Community Justice Center
In February of 2010, after many years observing residents complete the STAR program with a true commitment to change only to recidivate after only a few months it was decided we were going to address what we have always known as the key to reducing recidivism, addressing offender reentry needs. Our workshop will outline our experience in transitioning from a therapeutic community to a cognitively based treatment program with a true commitment to reentry. The evolution of the reentry program will be discussed from the first steps of hiring a reentry director and joining the state reentry coalition to evolving the old case manager model of treatment into a reentry model of treatment without an increase in staffing. This will lead us to discuss the different resources that we have utilized in order to make this a success. These resources include Ohio Benefits Bank, One Stop Shops, Ohio Department of Job and Family Services, Community Action Organizations, Faith Based Initiatives, Reformers Unanimous, AA/NA and countless other resources. We will also include internal programs that have been developed to further integrate our treatment program with our reentry initiative including a Loved Ones Group that focuses on preparing families for the return of the offender and a Family Outreach Program that focuses on rebuilding family bonds, primarily with children, that have been destroyed by incarceration. We hope not only to bring the theory of reentry to our audience but the practical ways to implement the theory including measures that we have developed to track reentry and ensure a continuity of treatment from our facility to the local probation officers.

Risk/Needs/Responsivity (COB)* (Probation Track)**
Sarah Boettner, Volunteers of America Greater Ohio
This workshop is designed to help PO gain a working understanding of the risk/need/responsivity principle; to expand their understanding of how an offender needs to be prepared for a halfway house setting; how the PO/APA and halfway house staff can work cooperatively to meet the needs of the offenders based upon the offenders identified needs/risk.

Power of Diversity
Marva Duvall, Talbert House
The workshop will explore how to capitalize on the “Power of Diversity” by examining and challenging stereotypical thoughts and beliefs regarding people who are different while learning how to embrace the differences.

Reality Therapy in Action: Research Validated, Practical and Usable (COB)*
Bob Wubbolding, Center for Reality Therapy
Reality therapy is based on the principle that human beings choose most of their behaviors and therefore are capable of selecting from a wide range of options. In this presentation, participants will gain ideas, take away specific techniques and realize that reality therapy is based on research that validates its use. The structure of the session includes explanation/discussion, role-play simulated demonstrations, use of observer sheets, small group discussion and plans for implementation. Participants will receive handouts that can be reproduced for staff members. One handout will be a summary of research studies showing that reality therapy is a proven system for working with a wide variety of clients.
THURSDAY, APRIL 7, 2011, 3:30 – 5:00 P.M.

Operation Street Smart
Sgt Michael Powell, Franklin County Sheriff’s Office (RET)
The goal of Street Smart is to provide current and up-to-date narcotics information on trends, terminology, paraphernalia, and physiological effects. Past attendee’s have also included physicians, school nurses, prosecutors, detectives, forensic scientists, toxicologists, and children services employees. Current undercover detectives, who possess over thirty-five years of combined narcotics experience, conduct the Street Smart presentation. This program includes actual examples of current designer street drugs. D.A.R.E. officers escort the examples throughout the audience for hands on effect. Current drug paraphernalia examples are available to depict the ease in camouflaging drug use. A strong emphasis is placed on the physiological effects of the drugs and indicators to look for. The workshop will focus on “K2” and other newer substances.

Supervision Strategies to Enhance Implementation and Fidelity to EBP (COB)* (Probation Track)**
Kelly Pitocco, University of Cincinnati
This course identifies strategies to enhance implementation and fidelity to evidence-based practices. Participants will identify ways they can incorporate implementation in their existing system to increase the likelihood that staff will remember to use these approaches. The emphasis will be on modeling the approaches we want staff to utilize (development of supervisory relationship, rewards to sanction ratio of 4:1, attending to motivation and skill, providing neutral feedback with related consequences, providing plans and systems of monitoring and ensuring a collaborative process rather than adversarial). Participants will receive examples and models of tools that they can adapt to their system. Included among these will be systems of rating contacts between staff and offenders.

Delbert Boone, NND Inc.
Working with the Resistant Client (Workshop 1) (COB)
This three part series will include two workshops and a keynote address. The focus of all of the presentations is on cognitive behavioral therapy that will explore the treatment curriculum for offenders who are dually affected with criminogenic behavior and substance abuse issues. The focus is on 2 key elements: cognitive structuring and social skill building. The treatment process is behaviorally oriented and skill based in a multi-modular that is recognized in the offenders movement and identified in the offenders stages of change. There are 9 components that are addressed: 1)Drug Use/Abuse Consequences, 2)Understanding self and others, 3)Understanding Criminal Thinking Errors, 4)Decision Making and Communication Skills, 5)Process of Addiction, 6)Process of Recovery, 7)Relationship of Alcoholism to problems, 8)Relapse Prevention, and 9) Maintaining a drug free and crime free lifestyle.

The Dealers Intervention Group (COB)*
Chris Gibbs, Corey Jones, Ira McQueen – Talbert House
Drug Traffickers often present some of the greatest difficulties faced by community corrections facilities. As often they fall between the cracks within our treatment facilities as they don’t meet the traditional criteria for substance abuse disorders as many of them were not users. For years we have placed them in the same groups as those they used to serve. They are often eager to return to their trade on the street or actively seek to solicit new clientele among other residents within the program. This session will describe an eight-session CBT-based program designed to intervene with dealers and engage them in pro-social thinking and practice. Participants will hear about the development and evolution of the program and next steps.

What’s New on the Streets: Drug Abuse Training for Professionals
Dan Newman, Holistic Health Consultant and Senior Health Educator
The training will explore the most common drugs of abuse including over-the-counter drugs, prescription drugs, and Party/Club/Rape drugs. Included in the training will be the latest information on Meow Meow (Mephedrone), Salvia Divinorum, Spice and other reported legal highs. This is the latest information on what’s happening in the drug scene on the streets. Internet availability has become a problem for law enforcement and recovery professionals across the United States.

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EPICS Model – Core Correctional Practices (COB)*  (Probation Track)**
Melanie Lowenkamp
Recent research indicates that the traditional model of probation and parole supervision has very little impact on recidivism rates. The most current research also indicates that if we take a different approach to supervision we can be more effective in providing long-term public safety and helping individuals develop a functional lifestyle. More specifically the use of the principles of effective intervention and core correctional practices have been found to increase the effectiveness of community supervision. The EPICS-II model was designed to teach individuals working in a variety of correctional settings how to apply the principles of effective intervention and core correctional practices to facilitate behavioral change in their clients. EPICS II continues to teach the fundamental skills of core correctional practices to assist officers in modifying their approach with clients through the use of relationship skills, effective use of reinforcement, disapproval, punishment and authority. In addition, EPICS II moves beyond these skills to incorporate simple, easy to use behavioral analyses worksheets to help the officer maximize behavioral change opportunities with the client. Officers will also learn to use these worksheets to identify high-risk people, places and things and how to incorporate the concept RACE (recognize, avoid, cope, evaluate), a relapse prevention model, to assist clients with utilizing problem solving techniques to reduce their risk. An implementation model involving peer coaches has also been developed for EPICS-II. This implementation model is consistent with the research on adopting and using new innovations.

Addiction and Criminal Behavior (Workshop 2) (COB)*
Delbert Boone, NND Inc.
This three part series will include two workshops and a keynote address. The focus of all of the presentations is on cognitive behavioral therapy that will explore the treatment curriculum for offenders who are dually affected with criminogenic behavior and substance abuse issues. The focus is on 2 key elements: cognitive structuring and social skill building. The treatment process is behaviorally oriented and skill based in a multi-modular that is recognized in the offenders movement and identified in the offenders stages of change. There are 9 components that are addressed: 1) Drug Use/Abuse Consequences, 2) Understanding self and others, 3) Understanding Criminal Thinking Errors, 4) Decision Making and Communication Skills, 5) Process of Addiction, 6) Process of Recovery, 7) Relationship of Alcoholism to problems, 8) Relapse Prevention, and 9) Maintaining a drug free and crime free lifestyle.

HWH and CBCF Forum: Understanding the UC Study
Teri Rust, Volunteers of America Greater Ohio
This workshop is a forum where the members of the HWH and CBCF staff can come together and identify areas of concern and problem solve for options. The focus will be on the University of Cincinnati report and to get others together to solve some of the issues through collaboration.

Back to Basics: AA
Bob Francis
The focus of this workshop will be how to engage Community Corrections staff to empower the early recovery of our clients. When I speak my focus is on “KEEPING IT SIMPLE”, getting back to basics, and how 12-step recovery is a tried and true solution. Some of my topics are: “Discovery Before Recovery” (my first DVD with GWC, Inc.), “Our Path” to Recovery, “Relapse Dynamics, It’s a Thought Process”, “Spirituality: Religion vs. Spirituality-its way simpler than you think!”, “This is the How and Why of it”, “The 9th Step Promises”, and “Anger Management- It’s the same as Driver’s Education!” I go back in 12-step history and show how those steps transform most anybody to a new way of life. I have used my method in Chemical Dependency Treatment Programs and Community Corrections for a number of years. My recent focus has been on helping people who have NO self-worth, start to develop some worth through 12-step recovery. Getting our folks to believe in themselves is a job, but one with great payoffs. If they have 2 days sober, they can assist someone with one day, and on and on. Back in the 40’s, that’s how it was done in Cleveland. I will discuss that in a simple format.

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FRIDAY, APRIL 8, 2011, 10:15 – 11:45 a.m.

**Reward and Punishment of Offenders** *(COB)* *(Probation Track)*

Joe Suciu, ODRC

This interactive training assists staff in developing competency at reward and punishment of offender behavior. Time will be spent identifying behaviors suitable for staff response, followed by practice rewarding and punishing. The goal of the training is to increase attendee’s competence at providing effective offender interventions, while striving for an optimal reward to punishment ratio of four to one.

**A Clinical and Educational Model Aimed at Reducing Sexual Behavioral Risks Associated with HIV/STI Transmission in Women with Histories of Trauma and Substance Abuse**

Germayne Tizzano, Views from a Tree House, Inc.

The significance of trauma on women’s sexual health, body image, and health-care seeking behavior cannot be ignored. Women with histories of abuse are far more likely to engage in unsafe sex practices, have multiple sex partners, exchange sex for money or drugs, and be addicted to alcohol and other drugs. This presentation provides an innovative look at an educational model designed to enhance women’s sense of empowerment to explore, define and implement sexual health choices aimed at reducing high risk behaviors associated with the transmission of HIV and other sexually transmitted infections. The model to be presented encompasses a program implemented at a residential alcohol and drug agency, Amethyst, Inc., based in Columbus, Ohio. Eighty-five percent of the women who receive treatment through this agency have had histories of trauma and substance abuse and have engaged in sex for work. Of all the women who participated in the pilots at Amethyst, 100% reported being highly committed to safer sex practices.

**Greater Cleveland Integrated Re-entry Project**

Erika Forde

GCIRP represents a unique and innovative collaboration of local and state community justice and private community service stakeholders working as an interdisciplinary team to assist incarcerated persons and their families in making effective transitions for themselves and their communities. The Center for Families and Children (CFC) leads our community’s collaborative response to the challenges of incarceration and re-entry; GCIRP has been designed to:
- Provide comprehensive supportive services to individuals re-entering Cuyahoga County and their families
- Raise awareness of these challenges and engage the community in support
- Advocate for broader system change

**Can We Quantify the Risk Principle?** *(COB)* *(Probation Track)*

Kimberly Sperber, Talbert House

An increasing number of correctional organizations have been working to implement the risk principle into every day practice. While practitioners understand that higher risk offenders should receive more services and supervision than lower risk offenders, they are often challenged with knowing how to quantify how much more services and supervision to provide. This workshop will address this issue by: (1) presenting findings from the existing literature on how many hours of treatment are required to impact low, moderate, and high risk offenders, (2) defining what counts as dosage, and (3) presenting findings from a recently completed dosage study in Ohio involving adult male felons in a Community-Based Correctional Facility.

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